

ACED Program Information
Fees— The fee is \$7 per class, \$14.00 for two classes and \$21.00 for 3 classes
Fees include all 6 weeks of classes
www.ihd.umkc.edu/aced/

Registration

You must be at least 16 years of age and a Jackson County resident to participate. Preregistration is required. **Walk-in registrations will not be accepted.** All student paperwork must be completed before student will be allowed to attend classes. Sign up immediately upon receiving your brochure; first come, first served. **Classes fill up quickly.**

Please Read Carefully!

You MUST arrive to class ON TIME. Students arriving 10 minutes after the start of class must wait in the hallway until their next class to avoid disturbing other students, as well as teachers. Classes marked with an asterisk (*) indicate classes offered on the Graceland University campus. Please take a look at your calendar, as we expect each student to attend 5 out of 6 class days. If this is not possible, please choose a different campus. Please return all registration forms to **ACED**, 215 W. Pershing R., 5th floor, Kansas City, MO 64108. Minimum enrollment is required to offer a class. You may enroll online and send your check or money order by mail as soon as you register. Please do not send cash. Mail to the address on the registration card.

Refund Policy

If you withdraw from classes one week before classes begin, credit will be given for the next semester. To withdraw from a class, please call **ACED** at 816-235-1754. No cash refunds are possible.

Certificate of Completion

A certificate of completion will be given to students who complete 5 of the 6 Saturdays. Special recognition will be given for perfect attendance.

Attendance

It is your responsibility to come to class and be on time. If you arrive more than 10 minutes after the start of class, you will be seated in the hall, and will not be admitted to class. Staff or parents must stay until the beginning of the next hour.

New Students

If you have never attended **ACED** classes, return the registration form with your fees to the **ACED** office and call us at 816-235-1754 to schedule an interview. **ALL interviews must be conducted and student paperwork completed before the first day of class.**

Returning Students

If you have attended **ACED**, return the registration form with your fees to **ACED**, 215 W. Pershing R., 5th floor, Kansas City, MO 64108.

Weather

If classes are cancelled due to inclement weather, you will be notified via robocall to the number you have provided us via your enrollment. A recorded message will be on the voice mail on the ACED office number at 816-235-1754. Please call after 8 a.m. on the day of the class to confirm the status of your classes.

Questions? Call our ACED office:
816-235-1754 (Avila and Graceland)
816-235-5678 (UMKC)

Enroll online at www.ihd.umkc.edu/aced/

What is ACED?

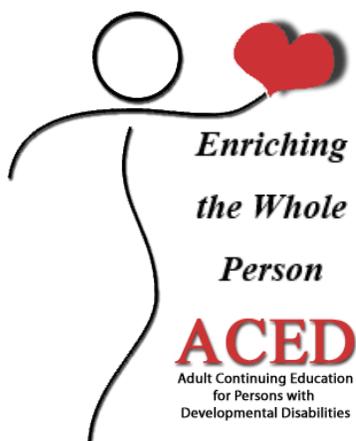
Adult Continuing Education for Persons with Developmental Disabilities (**ACED**) offers adults the opportunity to attend non-credit classes in an educational and social environment. The **ACED** program is designed to teach independent living skills and provide life-enhancing experiences. **ACED** is offered by the UMKC Institute for Human Development, a University Center for Excellence in Developmental Disabilities, Avila University and Graceland University, with funding from the Developmental Disability Services of Jackson County-EITAS.

Classes are held on Saturday mornings.

Avila University classes will be held on the Avila campus, 11901 Wornall Rd., Kansas City.

UMKC classes will be held on the UMKC Volker campus, 800 E. 52nd Street, Kansas City.

Graceland University classes will be held on the Graceland campus 1401 W. Truman Rd., Independence.



Classes begin January 26



Classes begin March 9



Classes begin March 9

Join Our Email List at <http://eeurl.com/cLs89T>



Like us on Facebook at www.facebook.com/acedprogram



9:00 to 10:10 a.m.

Classes marked with an asterisk (*) indicate classes offered on the Graceland University campus

10:20 to 11:30 a.m.



***To the Moon and Back**

When you look up at the night sky, what do you see? Discover the names of the stars and constellations. Re-live the first time Neil Armstrong walked on the moon. Do you think it is possible to travel to Mars? Come find out.

***Student Council**

Would you like to be a part of the ACED Student Council? We meet twice a year and you could be an important part in the future ACED classes. If you are interested in helping to lead ACED... come to this class! Anyone is welcome.

***Why Hiking is Cool** 📌

We will hit the trail to search for birds and flowers native to the area. Then we will create gifts with items we gather from our hikes. Learn the art of pressed flowers. Join our guest speakers as they demonstrate bird calls. If you think hiking is boring, you are about to be surprised. (If we call this Girls Who Hike, the last line can say "Boys can join us too!")

Get Social!

Let's explore the ever changing world of social media! Instagram? Snapchat? Twitter? What ARE all of these apps and how can you use them to connect with your friends and family? Learn how to post, follow, and re-tweet in this awesome technology class!

***The Escape Room**

Come join us for an hour of games that will test your skills! The new Escape Room Game will have you searching for a way out. Don't worry, we can always relax with some Bingo!

***Master of the Microwave**

Make your mouth water with these delicious, microwave meals! You'll learn how to cook frozen food to perfection and how to pair food together. So come zap your way to the ultimate, nutritious meal!

Landing Your First Job

Get your resume ready and get a job! What do you need to do first? Should you have a good suit or dress to wear? How about references? Be at your best when you attend that all-important first job interview. This ACED class will give you all the keys to success.

***Irish Myth and Magic**

Everyone considers themselves Irish on St. Patrick's Day. Start your day with bangers and eggs, then discover all things green in Ireland. We'll explore the legends and peek into the lives of the Irish. You will become an expert on what not to say or ask for if visiting. Plan an imaginary trip to the small island just north of England!

***Sticky Fingers** 📌

Looking for a class PACKED with creativity? This is the one for you! We'll discover the world of paper quilling, learn how to use washabi tape, and even set alcohol inks on fire! Get your creative juices flowing in this colorful, experimental art class!

***Mind Your Manners!**

Did you know that all men should take off their hats inside, but women do not have to follow the same rule? It's true! Do you know which one is the dessert fork? On a date, should the gentleman walk closest to the street? Should you give up your seat on the bus to someone who is older than you? Come discover the lost art of good manners.

***The Purple Carrot**

What's for dinner? Maybe it would be easier if we paid to have our dinner brought to us. The Purple Carrot does that and so do a lot of other companies. Let's see if this type of cooking is the easiest and the cheapest! Come try veggie-inspired recipes that come in the mail!

***Get Your Motor Runnin'**

The car show is comin' to town! Learn all about car maintenance, how to check the oil, choose the right gas for your vehicle and more! We'll be taking a trip to the 2019 Kansas City Car Show in March so be sure to take notes so you're prepared to chat with the mechanics!

***Cardio Blast**

Burn calories and break a sweat in this fast-paced workout class! You'll jump, squat, hop and jog while having fun along the way!

Rotten Tomatoes

Come watch a movie and become the critic. How do you rate movies? What did you like and not like about the film? Vote on your favorite lead male actor and female actor. Give your opinion in this discussion based filmography class.

11:40 to 12:30 p.m.

***Unicorns**

They're not just silly, glittery creatures! Unicorns originated in the early Mesopotamian artworks and have a pretty neat history. Curious where the legends of the unicorns came from? Take this class and discover the origins of unicorns, why they're so popular today, and create awesome, unicorn-inspired crafts along the way!

***Set Design**

Hey, theater lovers! Join us for the next step in your theatrical journey as we learn all about set design. Discover how to plan, build and set up the stage to make the audience 'oooh and ahhh'. Create color pallets, decide on props needed for the show, and more! YOU have total creative freedom for how the entire show looks to the audience. Get creative in this theater class taught by a professional actress!

***CPR** 📌

Learn how to save a life with hands on only CPR. You'll discover how to fix someone up with basic first aide and make your own first aide kit! Be prepared for a disaster like tornados, earthquakes and fires, and learn how to keep others calm during a state of emergency. You'll acquire the skills needed to be able to calmly talk to EMS/Firemen instead of panicking.

***Country Music**

Come and listen to country music from George Jones to Garth Brooks! Then, put on your boots and cowboy hats and let's get this line dancing started. Learn to heel dig, grapevine and weave while saying, "Yeehaw!"

***The Secret World of Villains**

Not ALL villains LOOK scary...some are secretly evil. Can you create a villain that's never been made before? What evil powers would they possess? Learn about the creative process of comics, cartoon characters and more from professional artists! Create your own villainous story to share in this creative writing and drawing workshop!

***The White House and Other Famous U.S. Homes**

The White House is the home of the President and maybe the most famous home in America. But there are many others and some of them are in the Kansas City area! We will tour a local historic home and discover how the people who occupied this house lived their lives. We will also see a miniature model of the White House!

Disco Days

Come join us for the ultimate 70's party! Wear bell-bottoms and flowers in your hair. Listen to groovy music as you play it "cool" and enjoy a decade from the past.