

ACED Program Information
Fees — Please see fee structure under class description
Fees include all sessions
www.ihd.umkc.edu/aced/

Registration

You must be at least 16 years of age and a resident in your county to participate. Preregistration is required. **Walk-in registrations will not be accepted.** All student paperwork must be completed before student will be allowed to attend classes. Sign up immediately upon receiving your brochure; first come, first served. **Classes fill up quickly.**

Please Read Carefully!

Due to Covid-19 students from all 4 ACED campuses will be eligible to enroll in any class. ACED will be teaching outdoor/in-person classes for the first 6 weeks beginning Sept. 12th. Zoom classes will begin Oct. 24. Please return all registration forms to ACED, 215 W. Pershing Rd, 5th floor, Kansas City, MO 64108. Minimum enrollment is required to offer a class. You may enroll online and send your check or money order by mail as soon as you register. **PLEASE DO NOT SEND CASH.** Mail to the address on the registration card. You may bring check or money order on the first day of class. **Do not bring cash payments to class.**

Refund Policy

If you withdraw from classes one week before classes begin, credit will be given for the next semester. To withdraw from a class, please call ACED at 816-235-1754. No cash refunds are possible.

Certificate of Completion

A certificate of completion will be given to students who complete the coursework. Special recognition will be given for perfect attendance.

Attendance

It is your responsibility to come to class and be on time. Do NOT drop students for outdoor/in-person classes until you are sure that the student has connected with the instructor.

New Students

If you have never attended ACED classes, return the registration form with your fees to the ACED office and call us at 816-235-1754 to schedule an interview. **All interviews must be conducted before the start of class.**

Returning Students

If you have attended ACED, return the registration form with your fees to ACED, 215 W. Pershing Rd, 5th floor, Kansas City, MO 64108.

Weather

If classes are cancelled due to inclement weather, you will be notified via robocall to the number you have provided us on your enrollment. A recorded message will be on the voice mail on the ACED office number at 816-235-1754 after 8:00 a.m.

Questions? Call our ACED office:
816-235-1754

Enroll online at www.ihd.umkc.edu/aced/

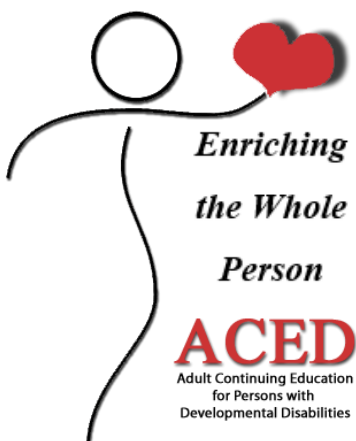
What is ACED?

Adult Continuing Education for Persons with Developmental Disabilities (ACED) offers adults the opportunity to attend non-credit classes in an educational and social environment. The ACED program is designed to teach independent living skills and provide life-enhancing experiences. ACED is offered by the UMKC Institute for Human Development, a University Center for Excellence in Developmental Disabilities, Avila University and Graceland University, with funding from the Developmental Disability Services of Jackson County-EITAS. Northland classes are funded by Platte and Clay County Boards for Developmental Disabilities.

Due to Covid—19, ACED Fall 2020 classes will be held via Zoom or in outdoor settings throughout the city.

Regular classes should resume in the Spring of 2021, but ACED will continue to follow university guidelines for safety.

All outdoor/in-person classes will require signing a release form, temperatures will be taken, and masks will be worn at all times. Return Covid-19 Forms with enrollment.



Like us on Facebook at www.facebook.com/acedprogram



(Student must have own transportation to and from locations)

Saturday in the Park 📌

For 6 Saturdays we will venture out into the parks of Kansas City for a variety of activities. Join us as we visit rose gardens and walk where Harry Truman walked. We might spend a morning painting rocks or a scavenger hunt! Perhaps a visit to a pumpkin patch for some apple cider! Sign up for one, two or all locations! It's up to you! Locations to vary throughout the city.

Time: 11:00 a.m.—12:30 p.m. (Except for Mini Golf)

Location and Date: (sign up for one, two or all!)
Sept. 12—Walking Tour around President Truman's Home
Sept. 19—Pumpkin Patch or Zip Lining in Bonner Springs
Sept. 26—Parkville Riverfront Trail with cider and donuts
Oct. 3—Fred Arbanas 9 Hole (9:00 a.m.—10:30 a.m.)
Oct. 10—Loose Park Rose Garden Tour and Hike
Oct. 17—Swope Park Frisbee Golf
Fee: Free

Fishing

Practice the basics of fishing such as baiting, casting and reeling. With tricks of the trade, you are guaranteed to catch a fish. Come enjoy a crisp fall morning fishing!

Date: Sept. 26, Oct. 10, 17

Time: 9:00 a.m.—10:30 a.m.

Location: James A. Reed Wildlife Educational Pond
12405 SE Ranson Rd. Lee's Summit, MO
Fee: Free

Golf

Fred Arbanas Golf Course is a beautiful place to spend a Saturday morning! If you've played before, come for more practice. If you are new come learn the basics. Beginners are welcome!

Date: Sept. 12, 19, Oct. 3

Time: 9:00 a.m.—10:30 a.m.

Location: Fred Arbanas Golf Course
11100 View High Drive, Kansas City, MO
Fee: \$6

Campcraft

We all have warm memories of summer camp. Let's re-create those lazy days with camp-style arts and crafts. We could make a God's Eye, or maybe some leatherwork or a photo frame created with twigs!

Date: Saturdays Sept. 12, 19, 26, Oct. 3, 10, 17

Time: 11:00 a.m.—12:30 p.m.

Location: McCoy Park, Independence, MO
Fee: \$5

Evening Zoom Classes Sept. 12—Dec. 7

Workout During Commercials 📌

Don't sit in front of the TV! Get into shape during the commercials! We will practice short, in-one-spot exercises that can be done in front of the TV. You will burn calories right up until the new year!

Date: Tuesdays Sept. 15, 22, 29, Oct. 6, 13, 20

Time: 5:30 p.m.—6:30 p.m.

Fee: Free

Let's Dance

Take a journey into the world of dancing. Each week try a new dance...country line dancing, waltz, hip hop, swing, and the Lindy Hop! So put on your dancing shoes and let's dance!

Date: Tuesdays Oct. 27, Nov. 3, 10, 17, Dec. 1, 8

Time: 5:30 p.m.—6:30 p.m.

Fee: Free

Bingo and Disney Trivia!

Let's slide into crisp winter evenings with some Thursday night fun! We will play via Zoom one month of Bingo and 2 weeks of Disney Trivia! Invite your circle to join you in front of the computer screen. We will supply you with an many bingo cards as you need. And...there will be prizes!

Date: Thursdays Oct. 22, 29, Nov. 5, 12, 19, Dec. 3

Time: 6:30 p.m.—7:30 p.m.

Fee: Free

Art Club Via Zoom!

Art Club is back! If you were a member before, please join us! Want to be a member? Just enroll and we will contact you! This club is advanced art, but don't let that scare you. You may find your hidden talent. Each week we try a new form of art. We will deliver supplies to your home.

Date: Wednesdays Sept. 16, 23, 30, Oct. 7, 14, 21, 28, Nov. 4, 11, 18, Dec. 2, 9

Time: 6:00 p.m.—7:00 p.m.

Fee: \$20

(All supplies will be delivered to your home)

Something Creepy out There!

What creeps you out? Is it ghosts, zombies, time travel or something you just can't explain? Come discover what makes your skin crawl! (Class could contain scary images.)

Date: Oct. 24, 31, Nov. 7, 14, 21, Dec. 5

Time: 10:20 a.m.—11:20 a.m.

Fee: \$3

Portraits, Still Life, Flowers

Become a still life artist or paint portraits. Create your own image of a bowl of fruit or your favorite photo of a friend. All supplies will be delivered to your home.

Date: Oct. 24, 31, Nov. 7, 14, 21, Dec 5

Time: 10:20 a.m.—11:20 a.m.

Fee: \$4

Love Your Pet 📌

You will be making treats and crafts that your animal would love. If you don't have a pet you can donate to your local animal shelter to help a pet in need.

Date: Oct. 24, 31, Nov. 7, 14, 21, Dec. 5

Time: 11:30 a.m.—12:30 a.m.

Fee: \$8

Book Club 📌

Share and discuss different books while enjoying morning tea or coffee. Bring in your favorite book for everyone to see.

There will be a book swap to share books you may no longer want to keep. (You do NOT need to know how to read!)

Date: Oct. 24, 31, Nov. 7, 14, 21, Dec. 5

Time: 11:30 a.m.—12:30 p.m.

Fee: \$3

Christmas Crafts

Be ready for the holidays this year by making gifts for family and friends! We will create unique and colorful crafts that you will enjoy for years to come. Don't miss out!

Date: Oct. 24, 31, Nov. 7, 14, 21, Dec. 5

Time: 9:00 a.m.—10:10 a.m.

Fee: \$5

Vision Boards

Set goals with the help of a vision board! We will cut, glue, and arrange as we plan our future!

Date: Oct. 24, 31, Nov. 7, 14, 21, Dec. 5

Time: 9:00 a.m.— 10:10 a.m.

Fee: Free