

**Fees:** \$8/one six-week class  
\$16/two six-week classes  
\$24 for three six-week classes

**Enroll:** [www.ihd.umkc.edu/aced/](http://www.ihd.umkc.edu/aced/)  
**816-235-1754**



**NORTHWEST**  
MISSOURI STATE UNIVERSITY

**Adult Continuing Education for Persons with Disabilities (ACED):**

- Offers adults the opportunity to attend non-credit classes in an educational and social environment.
- Is designed to teach independent living skills, provide life-enhancing experiences and foster self-determination.
- Is offered by the University of Missouri-Kansas City's Institute for Human Development, a University Center for Excellence in Developmental Disabilities and Northwest Missouri University with funding from Developmental Disability Services from Clay and Platte County. Jackson County locations are funded by EITAS.

**Registration.** Must be at least 16 years of age and a Clay or Platte County resident to participate. Pre-registration is required. Sign up immediately as classes fill up quickly on a first-come, first-served basis.

- **New students:** If you have never attended ACED classes, please enroll online. You will be contacted for an interview.
- **Returning students:** If you have attended ACED before, simply enroll online.

**Attendance.** You MUST arrive to class ON TIME. We expect each student to attend five out of six class days. Minimum enrollment is required to offer a class.

**Enrollment/Payment.** You may enroll online and pay with a credit card or send your check or money order by mail as soon as you register. **PLEASE do not send cash.** Mail to ACED, P.O. Box 523, 6320 Brookside Plaza, Kansas City, MO 64113.

**Refund policy.** If you withdraw from classes, credit will be given the following semester. To withdraw from a class, please call ACED at 816-235-1754. **No cash refunds are possible.**

**Certificate of completion.** A certificate of completion will be given to students who complete five of the six Saturdays. Special recognition will be given for perfect attendance.

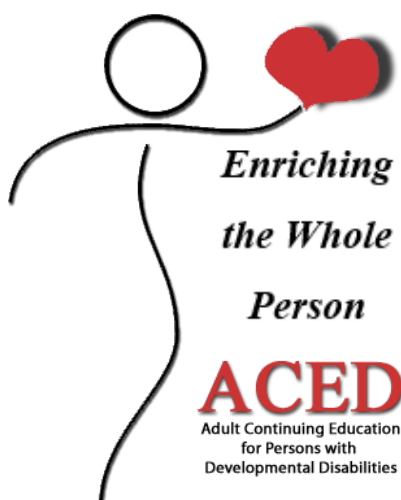
**Weather.** If classes are cancelled due to inclement weather, you will be notified via robocall to the number you have provided via your enrollment. A recorded message will be on the voice mail on the ACED office number at 816-235-1754 after 8 a.m.

**Robocalls.** Robocalls are used to inform students, parents and staff of inclement weather, upcoming field trips, and special events. Please provide a cell phone number for robocalls. If you are using a landline, it must have a working answering machine.

**REMINDER:** *Parents and staff are not allowed in classes unless the student needs support for a physical disability. The main goal of ACED is to encourage independence for our students. A parent or staff in the classroom can be disruptive for students and teachers.*

**CLASSES ARE HELD ON SATURDAY MORNINGS.**

**REQUIRED:** Students new to ACED Northland must be interviewed by ACED staff. Please call the ACED office at 816-235-1754 to schedule an interview.



## ACED Northland Fall 2023 Classes

Classes Begin Sept. 9

Northwest Missouri State University Innovation Center  
6889 N. Oak Trafficway, 4<sup>th</sup> Floor, Gladstone, MO

➤ **WHEN: Sept. 9, 16 and 30 and Oct. 7, 14, and 21**



Like us on Facebook at  
[www.facebook.com/acedprogram](http://www.facebook.com/acedprogram)

# ACED Northland Program

**COLLECT PUSHpins!** If the class is marked with a pushpin, you'll receive a wearable pin at graduation!

**9 – 10 a.m.**

**Lewis and Clark in Missouri.** Transport yourself back in time to the start of Westward Expansion and take a journey with Lewis and Clark. You will virtually step in their shoes in Kansas City and practice skills they had to know. Hear the real story of Pocahontas and their amazing journey.

**Different from Me—How to get Along.** Meeting all kinds of new people and strengthening your relationships helps make your life happier. Even people who have different interests and viewpoints can add positively to your life. We will role-play, practice talking over snacks, and learn skills for supporting and connecting with all kinds of people.

**Bingo.** Play bingo games and win prizes! Practice different types of games and improve your skills and make new friends. Be ready to join a local bingo game.

**Decorating for the Holidays.** You will spend six weeks making new decorations for your holiday home. Create a holiday candle, tree skirt, winter wreath, and new ornament. Have fun being creative and get into the holiday spirit.



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**10:20 – 11:20 a.m.**

**All About Football.** The Kansas City Chiefs are defending their Super Bowl championship, and you are part of that. Get involved with your community by planning football activities. We will talk about the games, players and strategies. Plan to go with family or friends to a restaurant for the game.

**Getting What You Want – Learning to Self-Advocate.** Between now and the end of the year, you can set a goal and reach it. You will learn what self-advocacy is, how to surround yourself with people who will encourage you, and how to take lots of small steps to reach your goal. Then we will celebrate your success!

**Holiday Food Celebrations around the World.** Taste the delights of holiday traditions around the world. What do they serve as a holiday tradition in Greece, Mexico and South America, Iceland, France, Italy, England (traditional English tea?) and India? Try the food and hear the folklore and tales from miles away.

**Famous Places.** Travel virtually to famous places and learn the stories behind the monuments. We will view pictures, videos, and hear stories about Mount Rushmore, Eiffel Tower, Statue of Liberty and others.



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**11:30 to 12:30 p.m.**

**Mission to Mars.** NASA has spent decades exploring Mars, and now you are taking the virtual journey. You will be part of a science team digging on Mars, flying a drone, driving a rover, and orbiting the planet. Develop a strategy for getting samples back to Earth and learn about plans for further exploration.

**West Coast Swing.** Swing dancing is fun as well as great exercise. Learning six simple steps, and you will be twirling on the dance floor. Be ready for dances and outings this holiday season.

**Artwork with Buttons.** Buttons are colorful and delightful to make art. You will try many different kinds of art from making a picture frame to a coin purse. Decorate a holiday ornament. Let your imagination run in this class.



**Disaster Stories.** Disasters happen every year, but what are the stories and what happened after the disaster? Post-traumatic growth is the new term used to explain how so many survivors go on to do great things. Learn the stories and be inspired by them.