



CLASS SCHEDULE

Spring 2024

Classes only at
Blue Springs
South location
in Spring 2024



**STUDENTS LOVE
ACED!**

*Adult, non-credit classes in
an educational and social
environment!*

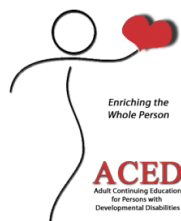
*Learn independent living skills,
gain life-enhancing
experiences and foster
self-determination!*

ACED Has a New Logo!

Adult Continuing Education for Persons with Disabilities (ACED), as a part of the University of Missouri-Kansas City's Institute for Human Development, has a new look!

You'll recognize our old logo (shown below). Now, look for our new logo (shown to the right) in the bright colors that feature three mountains. These represent the pinnacles you can achieve when you continue learning.

Each semester, just look for the new ACED logo to find your upcoming classes so you can enroll early and save your spot in the sessions you like!



9-10:10 a.m. classes



100 Years of Disney

We will celebrate the Walt Disney Company's 100th anniversary by learning the best of Disney. Enjoy stories of the early years, started right here with Walt Disney's time in our hometown. This class will visit the "100 Years of Disney" exhibit at Union Station in the spring.



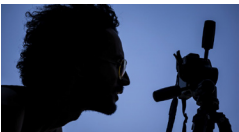
Explore St. Louis

We are planning a summer train trip to St. Louis, so first let's decide what we want to see! The class explores St. Louis, and you will have a vote about what's on the trip. This is a mandatory class for anyone wishing to take the train trip to St. Louis.



ACED Olympics

Get ready for the summer Olympics in Paris with our own ACED games! Try Cornhole, bowling, badminton and volleyball!



Photography Art 101

Every picture tells a story. We will take photographs and turn them into works of art. Discover your eye for photography and make several unique projects.



Beautiful Butterflies

Butterflies are amazing creatures that tell an entire life story as they are born. Watch as they emerge from a cocoon to become a butterfly. We will visit Powell Gardens in the spring to see the butterflies that are born every year.



Potpourri and Dehydrating Party

Experiment with drying flowers and dehydrating vegetables and fruit. We will create potpourri that will have your home smelling like spring before you know it!



Thrifty Nifty Nutrition

Meal planning is the key to great eating at a reduced cost. Practice weekly meal planning and shopping and become a pro at finding the best deals, clipping coupons and stretching your dollar to go further in today's world.

10:20-11:20 a.m. classes



Coloring with Jacque Lawson

Want to spend an hour coloring? Or would you like to play a computer game that allows you to design a room just the way you want it? This class will unleash your creativity and who knows where that will lead?



Let's Toss It!

Salads are easy to prepare! You will learn to make restaurant-quality salads in your favorite flavors. We will introduce some time-saving devices that will make salads easy and delicious.



Improving Relationships

Relationships—with your friends, parents, family and boyfriends/girlfriends—all make your life sparkle. We will explore how you can make them work better and potentially increase your happiness.



Sing Along

You know the words to Disney classics and others! Sing them out loud and learn to harmonize! Join your class and belt out your favorite songs.



Making Gifts for Your House

From hand towels and trivets to potholders and pillowcases, you can upscale your décor to reflect your taste. We will paint, stencil and otherwise create fun artwork that you can use in your living room or bedroom.



Experience France in America

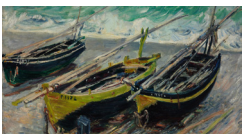
Get your creole on with the flavors of France. Make some beignets and chicory coffee. We will dance to jazz, cook some food, learn some history and make some crafts.



Science of Roller Coasters

Watch some of your favorite roller coasters, and then build a marble roller coaster based on Newton's laws. See how many twisty turns and hills you can add—your imagination can come alive. On the last day, we will invite ACED students in to try your creations.

11:30 a.m.-12:30 p.m. classes



Monet in Paris

Claude Monet was the most famous painter of his time. His work was beautiful, colorful, and filled with light. Discover the joy of being lost in a Monet painting! Then, make your own version of one and visit the Monet Exhibit.



Baking Yesteryear

Old recipes sound terrible until you try them! Based on a TikTok influencer, *Baking Yesteryear* is now a book, and we are going to try the recipes!



Growing Up Egyptian

What would it be like to grow up in Ancient Egypt? What would you wear (Hint: Headdresses)? What would you do each day and what was the food like? Try walking like an Egyptian.



Friendship Jewelry—Taylor Style

Friendship bracelets are all the rage, thanks to Taylor Swift! Let's create some jewelry using buttons and beads. You will make earrings, rings, bracelets and necklaces. Get your style on by making fun accessories and gifts.



Join the AI Revolution

Artificial Intelligence can be scary. But it also can really help you. Come try ChatGPT and Voice-to-Text. Bring your own devices to learn how to work it or you can learn on our devices.



Indoor Games

Don't let winter get you down. We will play Tenzi, Bunco, Bingo and other indoor games to have fun with our friends. And some weeks, you can even earn prizes!



Star Wars

Learn the best of Star Wars from best weapons and best fights to the best adventures and the best worlds. Debate with your friends and learn about the secrets from Star Wars insiders. Let the Force be with you!

Enroll online at www.ihd.umkc.edu/aced/

**Classes are held Saturday mornings beginning March 9 at:
Blue Springs South campus - 1200 S. E.
Adams Diary Parkway, Blue Springs, Mo.**



Required

Students new to ACED must be interviewed by ACED staff. Please call 816-235-1754 to schedule an interview.



Registration

Must be at least 16 years of age and a Jackson County resident to participate. Pre-registration is required. Sign up immediately as classes fill up quickly on a first-come, first-served basis.

- **New students:** If you have never attended ACED classes, please enroll online. You will be contacted for an interview.
- **Returning students:** If you have attended ACED before, simply enroll online.



Pin Classes!

If the class is marked with a pin, you'll receive a wearable pin at graduation!



Attendance and Certificate of Completion

You must arrive to class on time. We expect each student to attend five out of six class days. Minimum enrollment is required to offer a class. A certificate of completion will be given to students who complete five of the six Saturdays. Special recognition will be given for perfect attendance.



Enrollment/Payment

Schedule: March 9 - April 20

Fees: \$8 for one six-week class
\$16 for two six-week classes
\$24 for three six-week classes

You may enroll online and pay with a credit card at www.ihd.umkc.edu/aced/ or send your check or money order by mail when you register online. Mail to: ACED, P.O. Box 523, 6320 Brookside Plaza, Kansas City, MO 64113.

You may bring a check or money order the first day of class. **PLEASE do not mail or bring cash to campus.**



Refund Policy

If you withdraw from classes, credit will be given the following semester. To withdraw from a class, please call ACED at 816-235-1754. No cash refunds are possible.



Weather

If classes are canceled due to inclement weather, you will be notified via robocall to the number you have provided in your enrollment. A message will be on the voicemail on the ACED office phone at 816-235-1754 after 8 a.m.



Robocalls

Robocalls are used to inform students, parents and staff of bad weather, upcoming field trips and special events. Please provide a cell phone number for robocalls. If you use a landline, it must have a working answering machine.



REMINDER

Parents and staff are not allowed in classes. The main goal of ACED is to encourage independence for our students. A parent or staff in the classroom can be disruptive for students and teachers. This extends to all field trips unless the student has physical disabilities. Prior permission must be given by the ACED director.